

A phase II, randomized, multicenter study to assess the efficacy, safety, and tolerability of zibotentan (ZD4054) in combination with pemetrexed in patients with advanced non-small cell lung cancer

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Abstract

Purpose This study evaluated overall survival (OS) of patients with advanced non-squamous NSCLC following treatment with the specific endothelin A receptor antagonist, zibotentan in combination with pemetrexed compared with pemetrexed monotherapy.

Methods In this double-blinded, placebo-controlled study, patients with advanced NSCLC with non-squamous histology who had failed first-line platinum-based chemotherapy were randomized to receive either once-daily zibotentan 10 mg in combination with 3-weekly pemetrexed 500 mg/m² or placebo plus 3-weekly pemetrexed 500 mg/m². OS was calculated as the interval from date of randomization to date of death from any cause. Safety and tolerability were evaluated by recording the incidence of adverse events (AE) according to Common Toxicity Criteria for AE (CTCAE).

Results Sixty-six patients were randomized and completed the study (zibotentan plus pemetrexed, $n = 30$; placebo plus pemetrexed, $n = 36$). At the data cutoff, a total of 44 deaths had occurred, 20 and 24 in the zibotentan and placebo groups, respectively. No significant difference in OS was observed between the zibotentan and placebo treatment groups (HR, 1.13; 80% CI 0.77, 1.67; $P = 0.69$). The majority of AE were of CTCAE grade 1 or 2, and the most commonly reported AE in both treatment groups was anemia (23 and 25% of patients in the zibotentan and placebo groups, respectively).

Conclusions There was no survival signal in patients with NSCLC following treatment with zibotentan in combination with pemetrexed. No new issues related to safety for either zibotentan or pemetrexed were identified.

Keywords Zibotentan · Endothelin · NSCLC · Cancer · Clinical trial

Introduction

Lung cancer has the highest mortality rate of all cancers, with non-small cell lung cancer (NSCLC) accounting for approximately 85% of all lung cancers [1]. The majority of patients with NSCLC present with locally advanced inoperable or metastatic disease. Historically, patients who are not candidates for definitive loco-regional therapy receive a finite number of cycles of first-line chemotherapy with platinum doublets [2]. Second-line treatment options include pemetrexed, which has been reported to have similar efficacy and a favorable safety profile compared with docetaxel [3]. The epidermal growth factor receptor (EGFR) tyrosine kinase inhibitors erlotinib and gefitinib have also demonstrated monotherapy activity in previously treated patients with advanced NSCLC. Erlotinib demonstrated an improvement in overall survival (OS) of 2 months in a placebo-controlled Phase III trial in the second-line setting [4], and more recently, gefitinib was shown to be non-inferior to docetaxel in terms of OS [5] and demonstrated a longer progression-free survival in pretreated patients with advanced NSCLC who had an EGFR mutation [6]. Although several new treatments have been identified, there has been minimal improvement in median survival of patients with NSCLC [7].

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Endothelin-1 (ET-1), acting through the endothelin A (ET_A) receptor, is implicated in the development of several types of cancer through activation of pathways involved in proliferation, migration, invasion, epithelial–mesenchymal transition, osteogenesis, and angiogenesis, while activation of the endothelin B (ET_B) receptor may induce cell death by apoptosis, promote ET-1 clearance and inhibit tumor progression [8]. Tumor tissues from patients with NSCLC have been shown to express ET-1, which has been correlated with poor prognosis in patients with this disease [9]. Furthermore, ET_B receptor mRNA expression is reduced in NSCLC tissues [10]. Therefore, specific blockade of the ET_A receptor may be a potential target for the treatment of patients with NSCLC.

Zibotentan (ZD4054) is a specific ET_A receptor antagonist, which has demonstrated antitumor activity, both as a single agent and in combination, in a range of preclinical cancer models [8]. A promising signal for improved survival was observed in a Phase II monotherapy trial in patients with metastatic castration-resistant prostate cancer (CRPC) [11, 12]. Zibotentan is being further assessed in a large Phase III clinical trial program in men with CRPC [11, 12]. Zibotentan efficacy is also being tested in a number of other cancer types.

The primary objective of this study was to evaluate the relative effect of zibotentan plus pemetrexed versus pemetrexed alone on OS in patients with locally advanced or metastatic non-squamous NSCLC who had failed first-line platinum-based chemotherapy. OS was selected as the primary endpoint in this study because a survival advantage was observed following treatment with zibotentan in a Phase II study of patients with CRPC. Secondary objectives included assessment of the number of patients with a disease progression event, time to clinical progression (TTP), and safety and tolerability of the combination regimen.

Methods

Study design and participants

In this double-blinded, placebo-controlled, Phase II study, patients aged ≥ 18 years with locally advanced or metastatic NSCLC without predominantly squamous histology, and a World Health Organization performance status of 0–2, who had failed one prior platinum-based chemotherapy regimen were enrolled. This study was restricted to patients with predominantly non-squamous NSCLC histology as pemetrexed is now approved in Europe for the treatment of advanced non-squamous NSCLC only. Exclusion criteria included treatment with pemetrexed within the last 12 months, prior therapy with an ET_A or ET_B receptor antagonist, radiotherapy to the primary tumor within

4 weeks of study entry, use of CYP450 inducers within 2 weeks of randomization (dexamethasone was permitted as premedication for pemetrexed), brain metastases or spinal cord compression unless treated and stable without steroids for 1 month, and any significant bone marrow, renal, or hepatic impairment.

Patients were randomized in a 1:1 ratio to receive once-daily zibotentan 10 mg plus 3-weekly pemetrexed 500 mg/m² or once-daily placebo plus 3-weekly pemetrexed 500 mg/m². All patients also received the appropriate supplementary medications. Patients were evaluated every week for the first 3 weeks of the study and then on a 3-weekly basis while continuing on study medication until data cutoff for survival was reached. In addition, there was one intermediate mandatory tumor assessment visit (MTAV) to assess disease progression, which occurred approximately 3 months following the randomization of the last patient. This study was designed as a randomized screening study to quantify the level of risk entailed for further development. Thus, the type I and type II errors were adjusted to be less constrained, so that the targeted treatment benefit would be apparent while the sample size remained reasonable [13]. A study with at least 80% power to detect a hazard ratio (HR) of 0.50 at the 2-sided, 20% significance level required approximately 38 death events. Assuming a median survival of 8 months for pemetrexed [3], recruitment of 64 patients in 9 months was expected to yield approximately 38 death events after approximately 12 months following randomization of the last patient.

All patients provided written informed consent. The study was approved by the independent ethics committee for each trial center and was conducted in accordance with the Declaration of Helsinki [14].

Assessments

OS was calculated as the interval from the date of randomization to the date of death from any cause. The efficacy of zibotentan in combination with pemetrexed was evaluated by assessment of objective disease progression measured using Response Evaluation Criteria In Solid Tumors (RECIST) version 1.0 [15] and/or TTP on or before the intermediate MTAV, and death by any cause. Safety and tolerability were evaluated by recording the incidence of adverse events (AE) according to the Common Toxicity Criteria for AE (CTCAE) version 3.0 and by monitoring b-type natriuretic peptide (BNP), weight, hematology, and clinical chemistry.

Statistical analysis

OS data were analyzed using a Cox proportional hazards regression model with a factor accounting for treatment

group. To evaluate the secondary objective of the efficacy of zibotentan in combination with pemetrexed versus pemetrexed alone, a primary event count analysis, TTP analysis and a sensitivity analysis were performed. The primary event count analysis compared the number of patients who had progressed or died by the MTAV using a logistic-regression model with a complementary log–log function, including a factor for treatment group. The TTP analysis was performed in support of the progression event count analysis using a Cox proportional hazards regression model with a factor accounting for treatment group. A sensitivity analysis was performed, which assumed that the patients without a MTAV in the zibotentan and placebo groups had progressed and not progressed, respectively. The estimated HR, 80% confidence interval (CI), and *P* value for OS and the efficacy analyses were calculated.

Results

Between August 12, 2008, and January 17, 2010 (data cutoff), 66 patients were randomized and completed the study. Thirty patients (45%) received zibotentan plus pemetrexed and 36 (55%) received placebo plus pemetrexed. All subjects were Caucasian, and the mean (SD) age was 58 (10) and 57 (12) years in the zibotentan and placebo groups, respectively (Table 1). The majority of patients (83%) in both arms had a WHO performance status of 1 and had adenocarcinoma, reflecting the predominance of this histology type; however, there were a number of patients with undifferentiated or large cell tumor types (Table 1). There were some minor baseline differences between treatment groups including time since diagnosis of advanced disease <1 year (zibotentan 53 and placebo 81%), metastasis in distant lymph nodes and bone (zibotentan 47 and 30%, respectively; placebo 36 and 19%, respectively), habitual smokers (zibotentan 17 and placebo 31%), and previous taxane therapy (zibotentan 40 and placebo 31%). A total of 26 patients (87%) in the zibotentan group and 32 patients (89%) in the placebo group discontinued treatment prior to the data cutoff. After disease progression, subsequent cancer therapy was administered to six patients receiving zibotentan (*n* = 1 chemotherapy, *n* = 3 radiotherapy, *n* = 1 radiotherapy plus targeted therapy, *n* = 1 targeted therapy plus immunotherapy) and 11 patients receiving placebo (*n* = 4 chemotherapy, *n* = 2 radiotherapy, *n* = 1 targeted therapy, *n* = 1 osteoclast inhibitor, *n* = 1 chemotherapy plus radiotherapy, *n* = 1 radiotherapy plus chemotherapy, *n* = 1 targeted therapy plus immunotherapy). At data cutoff, eight patients (*n* = 4 in each group) were continuing on study therapy as they were judged to be deriving a clinical benefit by the investigator.

Table 1 Patient characteristics

	Zibotentan (<i>n</i> = 30)	Placebo (<i>n</i> = 36)
Age, years		
Mean (SD)	57.5 (10.4)	56.6 (12.1)
Range	24–70	29–77
Sex, <i>n</i> (%)		
Male	19 (63)	28 (78)
Female	11 (37)	8 (22)
Race, <i>n</i> (%)		
Caucasian	30 (100)	36 (100)
Type of NSCLC, <i>n</i> (%)		
Adenocarcinoma	25 (83)	31 (86)
Large cell carcinoma	3 (10)	3 (8)
Undifferentiated	2 (7)	2 (6)
WHO performance status, <i>n</i> (%) [*]		
0	3 (10)	5 (14)
1	25 (83)	30 (83)
2	2 (7)	1 (3)
Number of distant metastatic sites, <i>n</i> (%)		
0	3 (10)	5 (14)
1	4 (13)	9 (25)
>1	23 (77)	22 (61)
Location of metastasis, <i>n</i> (%)		
Distant lymph nodes	14 (47)	13 (36)
Bones	9 (30)	7 (19)
Skin/soft tissue	0	2 (6)
Other	24 (80)	27 (75)
Time since diagnosis of advanced disease		
<1 year	16 (53)	29 (80)
≥1 year	14 (47)	7 (19)
Smoking status		
Non-smoker	11 (37)	12 (33)
Ex-smoker	14 (47)	13 (36)
Occasional smoker	0	0
Habitual smoker	5 (17)	11 (31)

SD standard deviation

0 = normal activity, 1 = restricted activity, 2 = in bed ≥50% of the time

^{*} WHO performance status

At the data cutoff, a total of 44 deaths had occurred, 20 and 24 in the zibotentan and placebo groups, respectively. Of these, 18 deaths in the zibotentan group and 22 deaths in the placebo group were disease related, not due to an AE with an outcome of death. There was no significant difference in OS between the zibotentan and placebo treatment groups (HR, 1.13; 80% CI 0.77, 1.67; *P* = 0.69; Fig. 1a). The primary event count analysis indicated that there was no difference between the two treatment groups in the number of patients with a disease progression event on or before

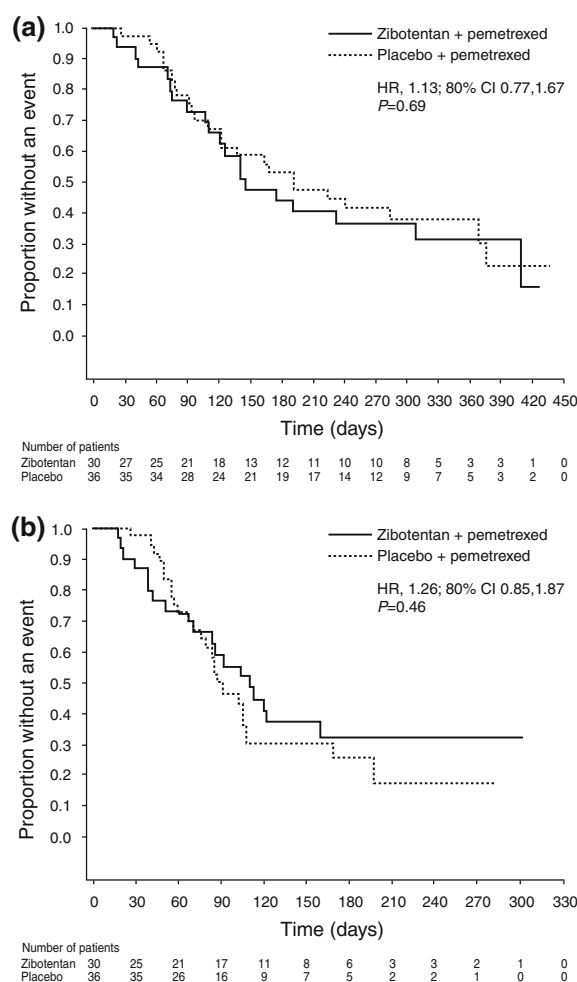


Fig. 1 Kaplan–Meier curves of **a** overall survival and **b** time to progression. Time to progression includes the additional sensitivity analysis, which assumed that the patients without a MTAV in the zibotentan and placebo groups had progressed and not progressed, respectively

the MTAV (19 [63%] in the zibotentan group and 26 [72%] in the placebo group) (HR, 0.78; 80% CI 0.52, 1.18; $P = 0.44$). For this analysis, patients were assumed to not have progressed if they were not assessed at the MTAV (5 patients in the zibotentan group and 2 patients in the placebo group were not assessed). Following an additional sensitivity analysis, which assumed that the patients without a MTAV in the zibotentan group had progressed and the patients in the placebo group without a MTAV had not progressed, the HR was 1.26 (80% CI 0.85, 1.87; $P = 0.46$). The median TTP was longer in the zibotentan group (110 days) compared with the placebo group (87 days; Fig. 1b).

Investigator assessed RECIST responses were evaluated in 18 patients in the zibotentan group and 30 patients in the placebo group. Two patients in the placebo group had a partial response and 13 patients in each group had stable

disease. The remaining patients who were assessed had progressive disease (5 patients in the zibotentan group and 15 patients in the placebo group).

For patients receiving once-daily zibotentan 10 mg and pemetrexed, mean (range) exposure was 136 (7–427) and 135 (21–428) days for zibotentan and pemetrexed, respectively. Patients receiving placebo plus pemetrexed had mean (range) exposures of 139 (7–406) and 137 (21–401) days, respectively. The majority of patients in both treatment groups reported at least one AE (zibotentan 76.7%; placebo 69.4%). The majority of AE were of CTCAE grade 1 or 2; eight patients (27%) in the zibotentan group and 12 patients (33%) in the placebo group had an AE of CTCAE grade ≥ 3 (Table 2). The most commonly reported AE in both treatment groups was anemia, which was reported in 23% of patients in the zibotentan group and 25% of patients in the placebo group. Other commonly reported AE were nausea (17%) and peripheral edema (13%) in the zibotentan group and neutropenia (14%) in the placebo group. Four patients (13%) in the zibotentan group and seven patients (19%) in the placebo group experienced a serious AE, none of which were considered to be related to the study treatment. Four patients, two in each treatment group, had a serious AE that led to death (zibotentan, pancytopenia and dyspnea; placebo, febrile bone marrow aplasia and upper gastrointestinal hemorrhage). Two (7%) patients receiving zibotentan discontinued treatment due to AE (headache and dyspnea), and three (8%) patients receiving placebo discontinued treatment due to AE (brain metastasis [‘metastases to central nervous system’ was reported as an AE], febrile bone marrow aplasia and abdominal pain, anemia, renal failure, and upper gastrointestinal hemorrhage).

Table 2 Adverse events reported by $\geq 10\%$ patients in either treatment group

Adverse events (AE)	Patients with AE, n (%)	
	Zibotentan plus pemetrexed (n = 30)	Placebo plus pemetrexed (n = 36)
Any AE	23 (76.7)	25 (69.4)
Anemia	7 (23.3)	9 (25)
Nausea	5 (16.7)	2 (5.6)
Peripheral edema	4 (13.3)	1 (2.8)
Decreased weight	3 (10)	3 (8.3)
Rash	3 (10)	1 (2.8)
Headache	3 (10)	1 (2.8)
Increased brain natriuretic peptide	3 (10)	0
Neutropenia	1 (3.3)	5 (13.9)

Discussion

In this study, there was no evidence of efficacy of zibotentan in patients with locally advanced or metastatic NSCLC as indicated by the similar OS and progression results between patients receiving zibotentan plus pemetrexed versus those receiving placebo plus pemetrexed. The additional sensitivity analysis, which assumed that the patients without a MTAV in the zibotentan group had progressed and patients in the placebo group had not progressed, demonstrated that the primary analysis was potentially biased in favor of the zibotentan treatment group, confirming the lack of efficacy of zibotentan in this patient population. Some small differences in the baseline characteristics of patients between the two treatment groups were observed; however, this was to be expected in a study of this size. Of these imbalances, some characteristics (ex-smoker, habitual smoker, female gender) favored zibotentan, while others (time since diagnosis of advanced disease <1 year) favored placebo. These differences were not considered to have had an impact on the results of the study.

The majority of trials in advanced NSCLC have, due to time constraints, used TTP as the primary clinical endpoint. However, results from this study have demonstrated that an OS result can be gained in this patient population in a relatively short timeframe. This suggests that time limitation may not be a valid rationale for using TTP as the primary endpoint in trials of patients with advanced NSCLC and that OS could feasibly be utilized as the primary endpoint in this patient population with TTP as a secondary endpoint.

No new safety concerns were identified for zibotentan in this study, the AE profile was consistent with previous clinical trials of this agent and other ET_A receptor antagonists [11, 16]. The safety profile of pemetrexed monotherapy was also reflective of earlier experience [17], and the safety profile of the combination regimen was consistent with that of each agent used as a monotherapy with no additional safety concerns identified.

In conclusion, this study does not appear to demonstrate any survival or progression advantage of zibotentan 10 mg in combination with pemetrexed for patients with advanced NSCLC (adenocarcinoma) in the second-line setting. While this could reflect the low number of patients in the study, the absence of any favorable trends does not support further clinical development in this disease setting. The safety profile of zibotentan in this study was consistent with previous studies, and no new toxicity or tolerability issues were identified.

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